



**Wednesday,
January 8, 2020**



hAPPY new Year



BELL SCHEDULE

WEDNESDAY

Block 1
8:00-9:12

Block 2
9:16-10:28

FLEX
10:28-10:57

Block 3
11:01-12:13

LUNCH
12:13-12:53

Block 4
12:57-2:09

Block 5
2:13-3:25

THURSDAY

Block 1
8:00-9:12

Block 2
9:16-10:28

FLEX
10:28-10:57

Block 3
11:01-12:13

LUNCH
12:13-12:53

Block 4
12:57-2:09

Block 5
2:13-3:25

FRIDAY

Block 1
8:00-9:12

Block 2
9:16-10:28

FLEX
10:28-10:57

Block 3
11:01-12:13

LUNCH
12:13-12:53

Block 4
12:57-2:09

Block 5
2:13-3:25

Semester 1 ~ Dance Show

This semester's Dance Show is happening next week on **Wednesday, January 15th and **Thursday, January 16th** at **7:00pm in the theatre.****

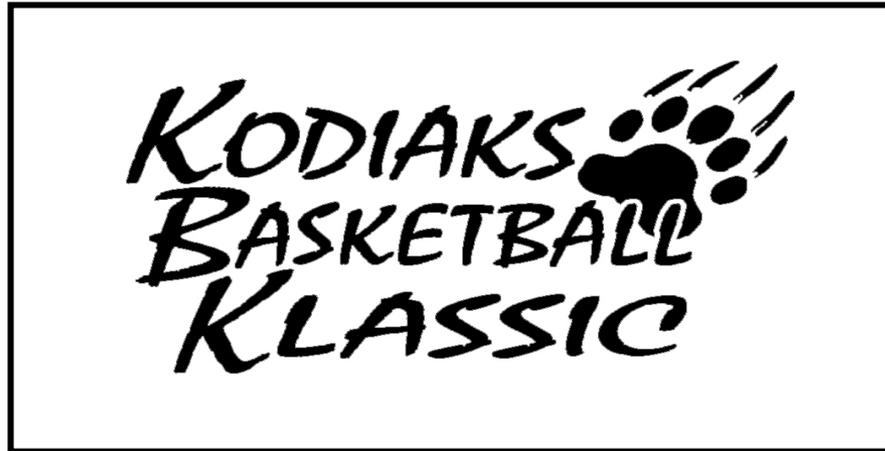
Tickets will be available at lunch starting this Friday until Thursday of next week and they will also be available at the door. \$5.00 each!!!

Heritage Woods Assistance Dog

Brie our Heritage Woods Assistance Dog will be here on **Wednesday's** at **LUNCH** in the counselling area. Come down and say "Hi"!



Senior Girls Kodiaks are playing in the



Friday January 10

Game 1: 1:15 pm - Heritage v Summerland

Game 2: 3:00 pm – McMath v Burnaby South

Game 3: 6:15pm - Summerland v Cowichan

Game 4: 8:00 pm – Handsworth v Burnaby South

Saturday January 11

Game 5: 10:00 am – Heritage v Cowichan

Game 6: 11:45 am – Handsworth v McMath

Watch the girls play this weekend.

GO KODIAKS!!!!



Ms. Saloustros' Class

Career Life Connections 12

WEDNESDAY, JAN. 8TH: AVA, ANNA, ESTHER, ADAM,
JACOB & NICOLAS

THURSDAY, JAN. 9TH: BEN, PETER, BILLY, TONY, &
CLAIRE

FRIDAY, JAN. 10TH: ELENA, KELSEY, NATALIE, & TIANNA

PLEASE CONTACT LSALOUSTROS@SD43.BC.CA / OFFICE
#302. IF YOU HAVE ANY QUESTIONS BEFORE THE
MEETING.



Ms. Swanson's Class



Career Life Connections 12

PLEASE E-MAIL MS. SWANSON
CSWANSON@SD43.BC.CA

TO SET UP CAPSTONE MEETING ASAP.

BEFORE SCHOOL, FLEX, LUNCH,
AFTER SCHOOL.

MULTICULTURAL DAY – January 9, 2020

**After school in the
Grand Hall**

- **Food from around the world**
- **Tickets 50 cents each**
- **Awesome cuisine**



Europe Trip 2020 Meeting

All students who are coming on the Europe Trip in May, there is an important meeting at lunch ***next*** Tuesday, Jan. 14th in room 235.

Please see Mr. Chaffee if you have any questions.





WANT TO GET AN EXTRA 1% IN MATH?



TRY OUT MATH LEAGUE!

SERIES OF 6 CONTESTS
EACH CONTAINS 6 QUESTIONS
TO SOLVE IN 30 MINUTES

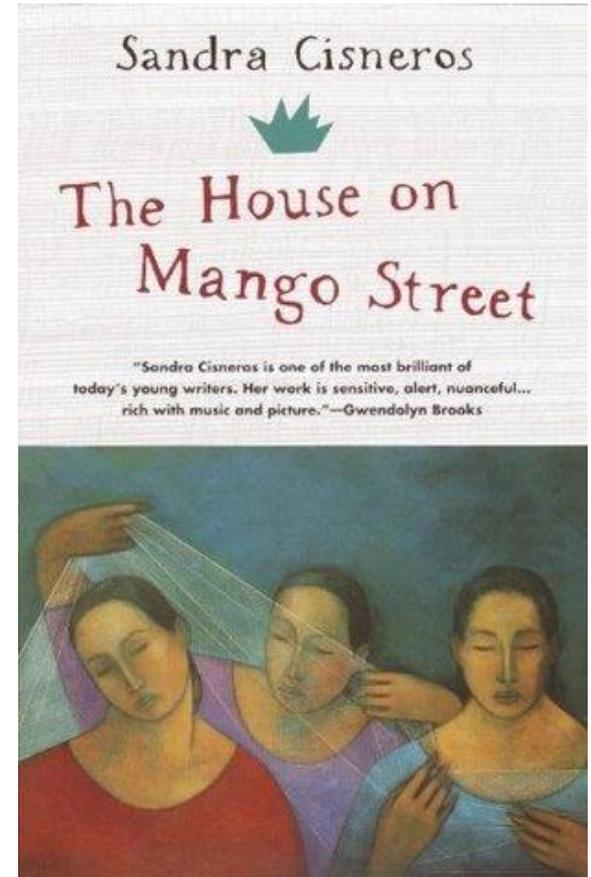
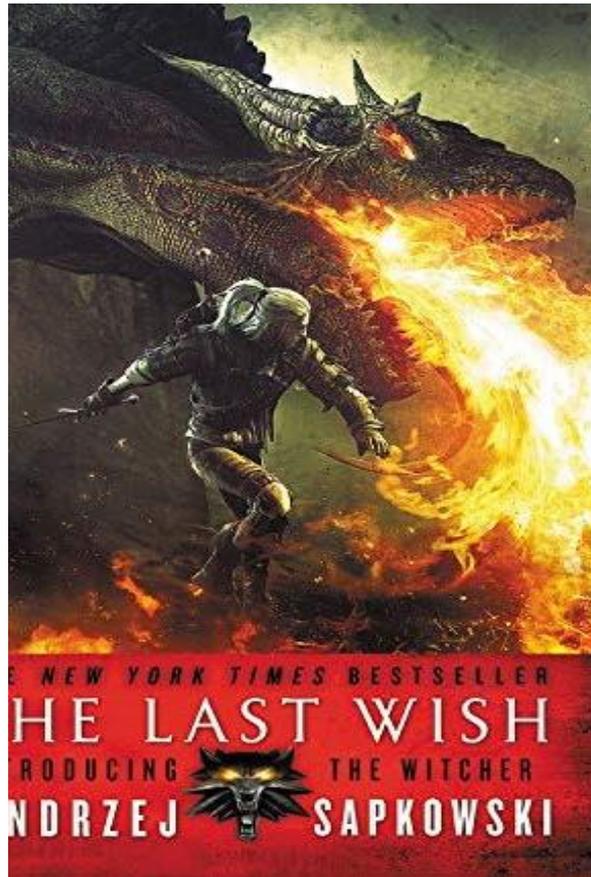
HIGHEST SCORES ARE COUNTED FOR
OUR SCHOOL AND WE COMPETE
AGAINST SCHOOLS ACROSS CANADA

FOR MORE INFORMATION
PLEASE VISIT ***MATHLEAGUE.COM***

WHEN
~~JAN 7~~ **JAN 14** 😊
2020
AFTER SCHOOL
(CONTEST #4)

WHERE
ROOM 232
(MRS. PAISLEY'S ROOM)

**STUDENTS WILL RECEIVE 0.1%
BONUS MARK FOR EACH CORRECT
ANSWER TO A MAXIMUM OF 1%**



THE WITCHER SERIES

**Come and check out the new books at the
HWSS Library**

LIBRARY NOTICE FOR JAN 13-17

The library computer lab
will be closed during
FLEX for practice
assessments

LEMONADE SALE

January, 8, 2020

PINKADE COMING JANUARY 8.

REGULAR LEMONADE \$2

PINKADE LEMONADE \$2

SPARKLING LEMONADE \$3

SPARKLING PINK LEMONADE \$3

WE WILL HAVE RAFFLE AND THE WINNER WILL
RECEIVE A \$10 GIFT CARD TO STARBUCKS

GRAND HALL INFRONT OF THE GYM

WITH EACH LEMONADE COMES A RAFFLE TICKET TO WIN A JBL SPEAKER!!!!

Prices from \$1-1.75

Add a BOOM!!!!!! to your day

Come to the gym after school for
some quality lemonade

Lemon Grenade



What a great way to start off the new
year 2020 with some lemonade!

10% of profit to BCSPCA
What are you waiting for?

Lemonade Sale

Grand Hall by the Gym

After School Thursday January 9th.

10% of all profits will go to BC children's Hospital.



The Smart Choice



@big.brain.lemonade



@BigBrainLemons



@bigbrainlemonade@gmail.com



@Big Brain Lemonade

LEMONADE SALE!!!!



**\$70 IN
GIVEAWAYS!**

WHEN LIFE GIVES YOU LEMONADE.



When: January 9 after school.



Where: by the gym



Price: \$1 for 1 + 1 RAFFLE TICKET.

\$1.50 FOR 1 CUP + 2 RAFFLE TICKETS



10% of profit goes to BCSPCA

Volunteers needed for HWSS Robotics Tournament

- Friday Jan 17 after school for 2 – 3 hours
- Saturday January 18, 10 am – 4 pm
- Free food & treats for volunteers
- See Mr. Zhuang in room 217 for details on specific tasks



Ocean Wise is proud to be launching our YouthToSea Spring and Summer Leadership Programs in 2020. This program is our AquaCamps Work Experience program, but amped up to offer more development/opportunity!

These programs are designed to offer youth (14-18) an opportunity to build their personal leadership, problem-solving and life skills. Youth in the program will volunteer in our AquaCamps at the Vancouver Aquarium during our Spring or Summer sessions working with children. Youth volunteers will expand their social network, increase their marine conservation knowledge, connect with their community and gain employment skills.

Students who complete the Leadership Program will receive:

120+ hours of volunteer service

Ocean Wise Animal Handling Certification

WHMIS Certification

CAN Autism Training

Ocean Wise Leadership Program Certificate of Completion

Opportunity to join member-only workshops/events at the Vancouver Aquarium

Valuable work experience and professional contacts

There will be an Information session on Tuesday January 14, 2020 at 7:00pm for interested youth and their parent or guardian. Please email workexperience@ocean.org to register to attend. Please see Ms. Butler in the Career Center for more info.



HWSS LANYARDS For Sale

Please come to the main office to purchase.

COST: \$5.00



KODIAK ATHLETICS



SKI and SNOWBOARD TEAM

NEXT RACE: This Saturday January 11th. Be at the school by 5:45 for a 6 am departure.

MISSING SKI BOOTS: Did you accidentally pick up a pair of ski boots from the last race? See Mr. Baldus if you have them.

CLUBS



Kodiak Konversations

Connect with our EAL students!



MEETINGS
EVERY
WED. AT
FLEX IN
ROOM 211

- *Gain volunteer hours while having fun*
- *Snack while you chat and play games*
- *Meet new people*
- *Learn about other cultures*

MEETINGS IN ROOM 315 ON
WEDNESDAYS AT LUNCH

JOIN WYNS CLUB!!!



Do **YOU** want to help the community?

- Volunteer hours
- Fundraising
- Partnered with Eagle Ridge Hospital
- Helping kids with medical conditions and providing for those in need



JOIN THE HSEO CLUB

-INTERESTED IN JOINING **SCIENCE
COMPETITIONS** TO BOOST YOUR RESUME?

-WANT TO EARN **PRESTIGIOUS AWARDS**
FROM BIG UNIVERSITIES LIKE UBC AND U OF T?

NEXT MEETING:

**WEDNESDAY @ LUNCH IN
ROOM 316 (September
25th)**



HWSS
ANIMATION

HWSS Animation Club

Meetings Every Wednesday at Lunch
ROOM 210

See Mr. Strudwick for details



SKI & SNOWBOARD CLUB

Sign Up in
Room 314

Next Trip:
January 18

SKI & SNOWBOARD CLUB

Want to shred at Whistler?



Space is becoming limited...

Jan. 18 – FULL - waitlist started

Feb. 8 – 5 spot left

Mar. 7 – 10 spot left

Attention Ski/Snowboard Club Members



Want to shred at Apex Mountain Resort?
Dates: *Feb. 27-29 (*dates changed)
Sign up forms available in Room 314
See Mr. Moretti for details

CAREER CENTER



Attention Grade 12 Scholarship Seekers:

You can now find internal nomination applications on the Career Centre website for the following scholarships:



Schulich Leader Scholarship – due January 10, 2020 3:30 pm

Remember to check back regularly as more scholarships are posted.

<http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>

Follow @HWCareerCentre on Twitter for scholarship information

On the HWSS APP select scholarships for up to date information.

2020 UBC Engineering Physics high school info session and tour!

UBC's [Engineering Physics](#) program is one of the top engineering programs in Canada. With a formidable combination of scientific training, engineering experience, and practical hands-on skills, our graduates play leading roles in the most interesting and exciting industries and fields of scientific research in Canada and around the world:

- Artificial intelligence and machine learning
- Biotechnology, genetic engineering, medical devices
- Clean energy, electric vehicles
- UAVs, drones, aerospace
- Quantum computing

Engineering Physics is a very challenging program and should appeal to students with a strong interest and ability in mathematics and science. Please join us on **Sunday January 19th** for tours of UBC labs, a talk by the Program Director, and a chance to meet our students and see some of their projects. The day is divided into an AM section and a PM section, with the Director's talk in the middle. There is no need to attend the entire day.

- Register at the link below. In order to reach as many students as possible, we ask that each student bring no more than two family members with them to the event.
- >> Each student please [register here to attend](#) <<

When:

- Sunday, January 19th, 2020
- Doors: 10:30 am
- AM tours start: 11:00 am
- Lunch: 12:00 pm (we provide pizza, alternatives available nearby)
- Program Director's presentation (1 hour): 1:00 pm
- PM tours start: 2:15 pm
- End: 4:00 pm

Where:

- Irving K. Barber Learning Center room 182 (Victoria Theatre)
- [1961 East Mall, Vancouver, BC V6T 1Z1](#)

QUESTIONS:

**Please see Ms. Butler
in the Career Center.**

We will have a Canadian Coast Guard College Recruitment Officer at Heritage Woods on January 14th at lunch in the Grand Hall to discuss with students the post-secondary opportunities available.

The Canadian Coast Guard Officer Training Program offers high school graduates a post secondary education in two streams: Marine Engineering or Marine Navigation. As a result of our four year program, the Officer Cadets will obtain the following:

- Bachelor of Technology in Nautical Sciences
- Canadian Coast Guard College Diploma
- Commercial Certification issued by Transport Canada
- Guaranteed employment with the Canadian Coast Guard upon graduation

Joining the Canadian Coast Guard Officer Training Program, Officer Cadets will receive throughout the four year training program:

- a tuition free education
- a monthly allowance,
- free room and board, textbooks and uniforms etc.

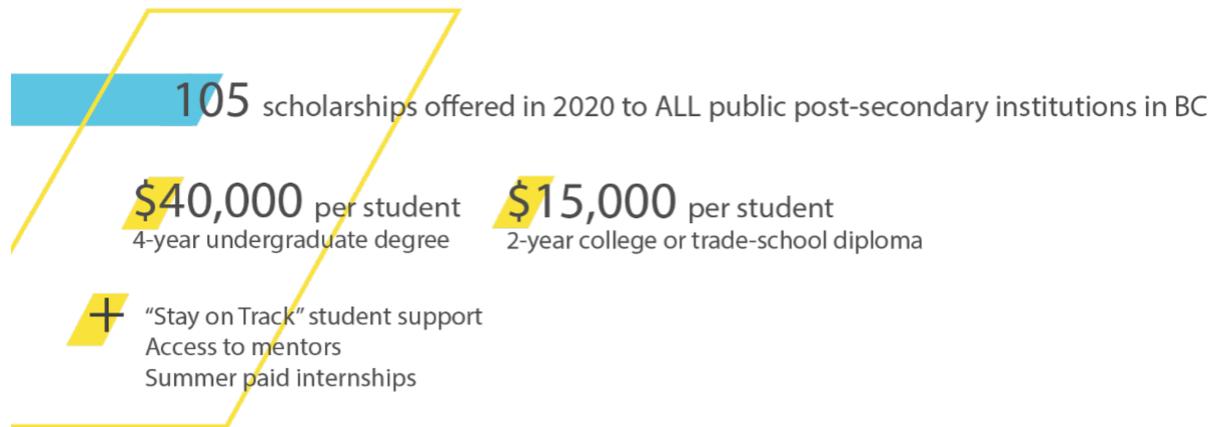
Those who join the Officer Training Program become a government employee from the first day of the Officer training program and their job title is Officer Cadet. They will receive:

- medical and dental plan coverage,
- pensionable service
- 4 weeks of paid vacation per year

High school students can apply to the Officer Training program in their grade 12 year.

Beedie Luminaries Class of 2020 Scholarship Applications Are Now Open!

Bright minds are more than grades, and our scholarship is more than money. We give students what they need for a brighter future.



We look for the diamond in the rough.

We look beyond the grades.

We look for potential because we believe investing in our youth has the potential to transform families and communities.

Do you know of a student or students who fit this criteria? Please let them know about Beedie Luminaries and encourage them to [APPLY](#) today!

The 2019/2020 Applications are open until January 20, 2020, 9:00 am PST.

Could you be our 2020 award winner?

Other people talk about making the world better. You actually did something.

Presented annually, the *Weston Youth Innovation Award* was created to encourage and recognize young Canadian innovators. It provides students aged 14 to 18 a unique way to share their ideas and get the word out to a much larger audience! Interested? Why not tell us about your accomplishments? You could be the next Weston Youth Innovation Award winner.

Who is eligible?

- We look for individuals or groups who:
- are between the ages of 14 and 18,
- have used science and/or technology as the basis for developing creative and innovative ideas aimed at solving real-world problems,
- put their ideas into action and as a result, have had a positive impact either in their own community or on a broader scale.

For more information on how to apply visit: <https://www.ontariosciencecentre.ca/innovationaward/#howtoapply>

- \$15,000 first-place prize
- \$8,500 second-place prize
- \$3,500 each for up to three additional finalists
- Your project featured in an Ontario Science Centre exhibit

Application deadline: February 07, 2020

REPEAT NOTICES





VOLUNTEER

with Port Coquitlam Recreation!

WINTER 2020 OPPORTUNITIES FOR YOUTH

PORT COQUITLAM RECREATION

WHY VOLUNTEER?

- Gain work experience hours for graduation
- Develop your leadership skills
- Build your resume and earn a reference letter
- Make a difference in your community
- Explore career opportunities in Recreation

Apply now! Application deadlines are January 3rd for Winter Programs and March 5th for Spring Break Camps.

HOW DO I GET STARTED?

1. Visit www.portcoquitlam.ca/volunteer
2. Select your area of interest and click "Apply Now!"
3. Fill out an Application Form.
4. All volunteers will be required to complete an Interview, Criminal Record Check and Orientation

CHILDREN SERVICES

AFTERSCHOOL PROGRAMS

Have fun and help kids keep healthy and active with Afterschool Active at Hyde Creek Rec Centre or Beyond the Bell at local elementary schools! Programs include Art Attack, Soccer, Basketball, Sports & Games and more!

Commitment: 2 hours/week for 8 weeks (16 hours)

- Requirements:**
- Must be 15 years of age or older
 - Empathetic and enthusiastic
 - Enjoy working with children

SPRING BREAK CAMPS

Make the most of your Spring Break with our *amazing* Spring Break camps, including Sneakers and Jr. Sneakers Children's Camps, Children's Art Camps, and more. Assist with games, craft activities, out trips and more!

Commitment: 40 hours/week for 1 week (40 hours)

- Requirements:**
- Must be 15 years of age or older
 - Empathetic and enthusiastic
 - Enjoy working with others

SKATING & BIKE PROGRAMS

SKATE LESSON ASSISTANT

Have fun and gain experience assisting Learn to Skate Instructors teach children ages 2 to 13 basic skating and hockey skills in a fun and supportive program.

Commitment: 2.5 to 4 hours/week for 8 weeks

- Requirements:**
- Must be 14 years of age or older
 - Empathetic and enthusiastic
 - Able to skate forward and backward with good balance and control

AQUATICS

SWIM LESSON ASSISTANT

Gain lifeguarding experience by assisting Water Safety Instructors in the delivery of the Red Cross Water Safety Programs to participants of all ages.

Commitment: 2 hours/week for 10 weeks (20 hours)

- Requirements:**
- Must be 13 years of age or older with Bronze Cross and Youth Aquatics Volunteer Training OR 15 years of age with Water Safety Instructor training
 - Experience working with children an asset

LEISURE BUDDIES

Provide one-on-one support to a child or youth facing barriers to participation in skating lessons, swimming lessons, camps and other programs. Assist participants in focusing on tasks, encouraging participation, providing additional instruction or helping with language barriers.

Commitment: Average of 1-2 hours/week for 8 weeks (Varies by program)

- Requirements:**
- Must be 13 years of age or older
 - Empathetic and enthusiastic
 - Enjoy working with others

ADOPT A SPOT

Adopt a Street, Park or Trail in Port Coquitlam. Perform litter clean-ups at least once per month and report any issues to the City. Set your own schedule and gain volunteer hours while helping to keep Port Coquitlam clean, green and beautiful.

Commitment: Minimum 1 clean up/month for 1 year

- Requirements:**
- Must be 16 years of age or older OR 13 years of age with a parent or guardian
 - Comfortable working independently outdoors

Volunteer Opportunity - City of Coquitlam



**Lend a helping hand this winter season –
Volunteer to be a Snow Angel!**

**Help those who are unable to clear the
snow from their City sidewalks after
a snowfall.**

- ❖ Training, shovels, reflective vests, scarves and toques provided.
- ❖ Snow Angels must be 16 yrs of age or older or accompanied by an adult

*This is a great opportunity for family and friends to
volunteer together!*